

INFANT MASSAGE CLASSES

1 hr a session over 4 sessions (fortnightly)

- * Improve your baby's sleep
- * Relieve colic or tummy pain
- * Promote optimal motor skill, neurological & Sensory Development
- * Learn to communicate with your baby through body language
- * Enhance attachment and bonding
- * Build a connection between you and your baby with proven techniques used by health professionals worldwide for decades

HELP YOUR BABY TO
RELAX AND FEEL
SECURE THROUGH
TOUCH



Thursdays 1.00 pm -2.00 pm (every fortnight)

Feb 23rd, March 9th, March 23rd, April 6th 2017

Hosted by - Koe Nara, Cnr Rawson & Quarrybylong Sts, Cessnock

COST - Free

BOOKINGS ESSENTIAL - Contact: Paula Hartigan
BHSc (Occupational Therapy) Certified Infant Massage Instructor (IAMI)
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