

Small changes,
big differences.



FREE Triple P Seminars 3-8 Years **The Power of Positive Parenting**

There's no such thing as 'one size fits all' when it comes to parenting.
Triple P is an approach to parenting that emphasises the positive.

We can help you -

- Encourage behaviour you would like from your child
- Deal consistently and decisively with problem behaviour
- Take the stress out of parenting

When: Thursday 16th and 23rd March

Where: Samaritans Vincent St. Cessnock

When: 10:00 – 12:00

Cost: FREE – Morning tea provided

RSVP: Registrations essential: Please contact Cessnock Family Support on 4990 4507



Cessnock Family Support Service Inc
www.triplep.net

