Cessnock Public School

Perfect Page

TERM 4 WEEK 6 17TH NOVEMBER 2017

IMPORTANT DATES

- **GATS Art excursion, Wed, 22nd November**
- **Presentation Day, Mon, 27th November**
- **Stage 2 Excursion, Wed, 29th November**
- **Year 6 Farewell, Thur, 30th November**
- **Final day for Year 6 students attending Cessnock High, Fri, 1st December**

Principal's Message...

Dear families,

Congratulations and well done to our girls League Tag and 7's Rugby League teams who participated in the gala day as part of the Women's Rugby League World Cup opening Ceremony. What wonderful ambassadors for our school you all are. Well done!

Bunnings BBQ! Our P & C are holding their Bunnings BBQ this Sunday 19/11! If you are able to help out on the day please contact the school or one of your P & C representatives. If you are not able to help out on the day it would be great if you could drop in and grab a bite to eat and a drink.

Our PBL focus will continue through the coming weeks around the school. Thus week we will be focusing on :Going for Respect" across all areas of the school.

We are all looking forward to another busy week of learning here at Cessnock Public. This includes:

Monday – Mindfulness In Action, Shake a Leg (Stage 3), Healthy Harold

Tuesday – sporting schools (K-2 PCYC), GATs Art, P & C meeting (5.30pm @ Supporters Club), Healthy Harold

Wednesday – Mindfulness In Action, GATs Art excursion, Healthy Harold

Thursday – GATs Art

Friday – school sport

Please note the following important dates for this Term. We will continue to add to these as information comes to hand:

27/11 – School Presentation Day

30/11 – Year 6 farewell

1/12 – Final day for year 6 students attending CHS

The final few weeks of the year are always extremely busy around the school. We will include a full calendar of upcoming events as part of next weeks Perfect Page.

As always we will try to keep everyone up to date with what is happening around our wonderful school through our school website, Facebook Page and Skoolbag App.

Have a great week!

Regards

Steve Morgan

Relieving Principal

HUNTER VALLEY ZOO EXCURSION

Payment reminders….

Life Education $5.00 is now due

Stage 2 Shark & Ray Excursion $20.00 due Thursday, 23rd November

VIVO Corner

A big congratulations to our Top 10 VIVO earners for Week 5 and especially to all those Cessnock Perfect students who are gaining VIVOs every day for being at school and on time!

Our Top 10 are:

1. Michael J – 354
2. Rhyce E – 200
2. Issabell S – 200
2. Adara R – 200
5. Imogene A – 150
5. Noah S – 150
5. Jasmine McD – 150
5. Shane W – 150
5. Zaine W – 150
5. Jayden McE - 150

Library News..Our final Book Club catalogue for the year has been distributed and is due back by Thursday, 23rd November. Payments can be made by cash, Eftpos and via our school online payment facility or alternatively you can order directly through Scholastic.

Our GATS Art students will be visiting the Sculpture in the Vines exhibition at Wollombi on Wednesday, 22nd November. Information and permission notes have been sent home. If you have not done so already, please return the permission note by Monday, 20th November in order for us to finalise transport arrangements. Thank you for your cooperation.

WOMEN'S RUGBY LEAGUE WORLD CUP
GO CESSNOCK PERFECT!!

HALLOWEEN DISCO

THURSDAY, 23RD NOVEMBER

Come dressed for Halloween!!

Infants 5pm to 6.20pm

Primary 6.30pm to 8.00pm

Costs $3.00 entry

Cessnock City Library Summer Reading Club—call 4993 4399

Cessnock, Schools as Community Centre TERM 4, 2017

Koe-nara
A NSW Schools as Community Centre Program

PLAYWORKS - Mondays

Koe-Nara, 10 am to 12

In the grounds of Cessnock Public

LET'S PLAY - Tuesdays

Koe-Nara, 10 am to 12

In the grounds of Cessnock Public

Occupational Therapist (OT) support in Playgroup

October 17 & 31, Nov 14 & 28

Playworks @ East

Thursdays 9 to 11

In the grounds of East Cessnock Public

For more information:

4990 9354 or 0428 263 854

Koe-Nara, Cessnock Schools as Community Centre

Come along read a story and sing a song or two, do art and craft and have fun with your kids.

It's a great way to meet other local families.

No bookings required just come along and enjoy!

Playgroup operates in school term only

All groups are free.

School Clothing

Cessnock Perfect is in need of second-hand school clothing, in particular, shirts and shorts. These items assist our families and come in handy when accidents occur. Any donations would be greatly appreciated.

We are accumulating large amounts of lost property, mostly jackets and jumpers. Items not claimed before the end of term will be washed and sold in our clothing pool. Other items that are not school clothing will be donated to charity. Please call into our office to claim any lost items.

Scents of Siena

November 8 2017 from 10 to 12

Koe-nara

Do you want a fabulous smelling home?

Get some Christmas Shopping!

Morning Tea will be provided

Child care available

Limited places, bookings essential

Using Essential Oils

October 25 2017 from 10 to 12

Koe-nara

Come along and learn about using Essential Oils

Morning Tea will be provided

Child care available

Limited places, bookings essential

Tupperware Party

November 22 2017 from 10 to 12

Koe-nara

It's a Tupperware Party

Morning Tea will be provided

Child care available

Limited places, bookings essential

Stories at Abermain Public

Every Thursday of term

from 2.30 to 3 pm

Stories at Bunnings

Oct 25 and Nov 22 from 10.30 in the Activity Space, next to the play area with Family Insight.

Free Morning Tea for kids & Face Painting

PARTY!!

Our end of year celebrations will be at

Chameleon Play Café

December 4, 10 to 12

RSVP is essential

1-2-3 MAGIC®& EMOTION COACHING PARENT COURSE

Learn to manage difficult behavior in children 2-12 years old

A two session program for parents and carers
delivered by **Cessnock Family Support Inc** at
5 Hall Street, Cessnock, NSW 2325
on 22nd and 29th of November 2017 from **9:30am to 12pm.**

Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

Parents will receive:

- A 1-2-3 Magic & Emotion Coaching Parent Workbook

This course is free for participants

Register for this course by contacting **Robyn** or **Louise** at **Cessnock Family Support** on **4990 4507**.

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control

Who is running it?

The presenters for this course are Cessnock Family Support workers who have completed Parentshop's 1-2-3 Magic®& Emotion Coaching practitioner training

•An end to the arguing and yelling!•It saved our lives•Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au