



Cessnock Public School

Perfect Page

TERM 4 WEEK 7

30TH NOVEMBER 2018

Important Dates

- **K-2 Reptile Park,**
Thurs, 6th Dec
- **Carols by Twilight,**
Wed, 12th Dec
- **PBL Celebration**
Day, Fri, 14th Dec
- **K-2 Awards, Mon,**
17th Dec, 10am
- **Years 3-5 Awards,**
Mon, 17th Dec,
12.30pm
- **Last day for**
students, Wed,
19th Dec

Dear families,

Well done to all of our year 6 students who had their Year 6 Farewell on Thursday night. It was a fantastic night that was enjoyed by all. We would like to wish all of our year 6 students all the best for the remainder of the year and for their future years at high school and beyond.



Congratulations to our 2019 leadership team:

Captains – Daniel Rees and Logan Vasilis

Prefects – Ashton Scott, Savannah Griffin, Kairegan Gleghorn, Frayah Hamilton, Trey Hunter, Zachary White

I have no doubt that you will all do an outstanding job and I look forward to working with you throughout 2019.



Congratulations again to our 2018 sports house champions Paterson who had their "silent disco" on today in the hall throughout middle session. All Paterson

students and staff members thoroughly enjoyed the experience. Check our Facebook page for some great photos!

Once again, we have a very busy week coming up at Cessnock Public. This includes:

Monday – First Day for CHS year 7 students

Tuesday – GaTS Art

Wednesday – Aboriginal Kickstart program, ED class excursion

Thursday – GaTS Art, K-2 excursion

Friday – school sport, GaTS Art

Just a reminder of some of our important upcoming events:

Wednesday 12/12 Carols By Twilight

Monday 17/12 Stage award assemblies

Please note that if you are coming onto the school site outside of normal school drop off/pick up times you are required to do this via the administration office. This includes late arrivals, early leavers and people attending meetings. If you have any questions regarding this please contact the school.

As always we will try to keep everyone up to date with what is happening around our wonderful school through our school website, Facebook Page and Skoolbag App.

Have a great week!

Regards

Steve Morgan

Principal

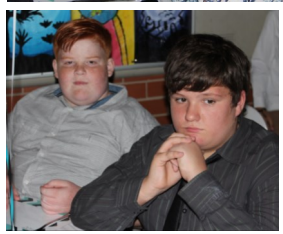
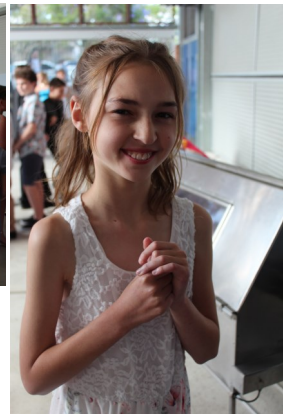
Rawson Street, Aberdare NSW 2325
PO Box 140 Cessnock NSW 2325

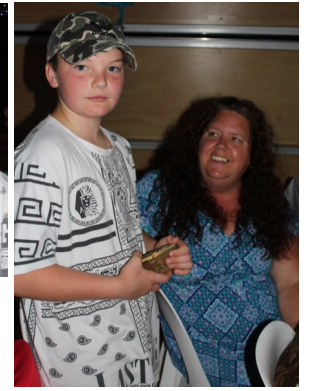
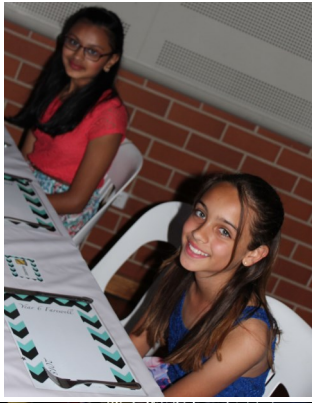
Phone: 4990 1652 Fax: 4991 1782

Email: cessnock-p.school@det.nsw.edu.au

Website: cessnock-p.schools.nsw.gov.au

Farewell Year 6 2018





GOOD LUCK!!



TERM 4 2018

PLAYWORKS

10 - 12

Each Monday of term, held at Koe-nara
Please bring a hat for your child
Speech Pathologist will visit on Oct 22 from 10 to 11

LET'S PLAY

10 - 12

Each Tuesday of term, held at Koe-nara
Please bring a hat for your child
Speech Pathologist will visit Nov 13 from 10.30 - 11.30

STORIES AT BUNNINGS

10.30 - 12

Craft, Stories and Face-painting from 10.30 to 12
Oct 24 & Nov 28

PLAYWORKS AT EAST

9 - 11

Each Thursday of term, held at Cessnock East Public
Please bring a hat for your child
Speech Pathologist will visit Dec 6 from 9 - 10

STORIES AT ABERMAIN

2.30 - 3

Each Thursday at Abermain Public, our location
changes so please check with office staff on the day

Koe-nara is in the grounds of Cessnock Public School
For further info call 49909354 or 0428 263 854

Administration of Medication to Students If your child has a medical condition requiring staff members to administer medication of any kind, or follow procedures to enhance his/her well-being, you must comply with this school's rules. Any student suffering from asthma, epilepsy, diabetes, A.D.D., A.D.H.D., heart condition, life threatening allergies and the like is required to have a Health Care Plan in place. **Medication can only be administered when prescribed by a doctor and regular/daily medication must be supplied in a Webster pack. Antibiotics for short term illness must be supplied in the original packaging clearly labelled with the students name and dosage.** If you are at all unsure or require clarification please contact our school office.



Our office hours are:

Monday—Friday

8.30am to 1..00pm

1..30pm to 3.45pm.

If the office is unattended our executive staff will be able to assist you.

Go4Fun

Healthy • Active • Happy • Kids



FREE Fun program for kids to become fitter, healthier and happier

Help your 7-13 year old child get healthy, active and happy with Go4Fun®.

Go4Fun® is a ten week healthy lifestyle program for kids aged 7-13 who are above a healthy weight, and their families. Sessions run once a week for two hours after school, during term. Registrations are now open. Call to find out about your local program.



TO REGISTER: FREE CALL
1800 780 900

SMS 0409 745 645 for a call back
Register online at www.go4fun.com.au
www.facebook.com/go4funprogram/



Good for Kids good for life

Office of the Children's eSafety Commissioner

8 tips to keep on top of your child's screen time

- Plan screen-free time, like outdoor play, music and sport.
- Lead by example - reduce your own screen time.
- Agree on daily screen time limits. It's not punishment, it's about keeping a balance.
- Be involved - watch TV and play games together.
- Start with small reductions to help lessen any resistance.
- Use tech tools to manage access, such as parental controls.
- Set tech-free zones and times at home - e.g. all screens off in bedrooms after a specified time.
- Resist giving mobile devices to children when going out - take books or toys instead.

esafety.gov.au/iparent



PHONE 49246499