



Cessnock Public School

Perfect Page

TERM 1 WEEK 2

8TH FEBRUARY 2019

Important Dates

- **Leader Induction Assembly, 13th February**
- **Swimming Carnival, 14th February**
- **Cross Country, 8th March**
- **School Photos, 1st April**

Dear families,

Week 2 was another great week at Cessnock Public and we are looking forward to more exciting learning and activities. Week 3 brings:

Monday - Sport In Schools sessions, Stage 3 library

Tuesday - Early Stage 1 library

Wednesday - Stage 2 library, Stage 2 and 3 Art sessions, Mindfulness, Leadership Induction assembly

Thursday - Stage 1 library, Swimming carnival

Friday – school sport

This week we will be commencing our school mindfulness program. The program will once again be delivered by Kylie from Head and Heart Mindfulness and will run each Wednesday throughout Terms 2 and 3. During this time, each class across the school will participate in a weekly mindfulness lesson with Kylie, who will also be working with staff on how to continue to support these mindfulness strategies throughout the school year.

Thursday we have our annual school swimming carnival. This is always a wonderful event that is enjoyed by all. Students attending will be transported to and from the pool by bus unless other arrangements have been made by parents/caregivers and communicated with the school. Please ensure your child has lunch, fruit break, hat, sunscreen and water. The canteen at Cessnock Pool will be open for purchases during breaks.

This year our voluntary school fees have remained at \$40.00 per student. Contributions fund school resources and programs that enhance your child's learning. These fees can be paid at the office by cash, Eftpos and via our school website.

Please note that if you are coming onto the school site outside of normal school drop off/ pick up times you are required to do this via the administration office. This includes late arrivals, early leavers and people attending meetings. If you have any questions regarding this please contact the school.

With the ongoing warm weather throughout this term, it is important that your child stays well hydrated at school. If possible, please ensure that your child has an appropriate drink bottle that they can fill with water throughout the day. This term we will continue to enforce our "no bucket hat, no sun play". Sun safety is extremely important and if students do not have a bucket hat, they will be required to find an activity either inside or in a shaded area.

We have a number of exciting events and opportunities coming up throughout the Term. This includes:

Leadership Induction assembly (week 3)

School Swimming carnival (Week 3)

Cross Country carnival (Week 6)

School photos (week 10)

As always we will try to keep everyone up to date with what is happening around our wonderful school through our school website, Facebook Page and Skoolbag App.

Have a great week!

Regards

Steve Morgan

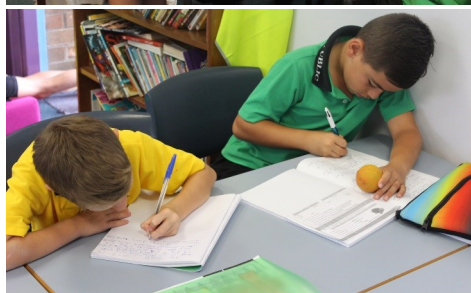
Principal

Stage 3 STEM

This week Stage 3 have started learning about Earth and Space Sciences in STEM. They investigated the effects of earthquakes by designing and creating buildings that were tested on shake tables. They captured some great slow motion footage of the buildings that survived the earthquake and footage of the buildings that collapsed!



Fantastic learning at Cessnock PS with 5/6C, 5/6J, 3H, 1J, 1W and 3/6H



1 2 3 4 5
6 7 8 9 10



This week 5/6C started their 3 week Art rotation with the talented Mrs Ling. They were focusing on the theme of 'Identity' and completed the first lesson on self portraits. All students learnt techniques that made their portraits look amazing.



Please ensure your child has their hat and plenty of water for school. School hats are available for purchase from our office; bucket hats \$11.00 and wide brim hats \$15.00. We accept cash and Eftpos.



Our office hours are:

Monday—Friday 8.30am to 1.00pm and

1.30pm to 3.45pm.

If the office is unattended our executive staff will be able to assist you.

Leadership Induction

Wednesday 13th February

10am in Cooida

All welcome!!

School Fees for 2019



School fees for each child this year are \$40.00. Cash and Eftpos is now available and payments can also be made online via the school website. We thank you for your contribution.

Swimming Carnival



Thursday, 14th February

Please ensure permission notes and money are submitted by
Monday, 11th February

School Photos



Save the date

**Monday
1st April**

KOE-NARA

CESSNOCK SCHOOLS AS COMMUNITY CENTRE

Term 1 2019

MONDAY

Supported playgroup
at Koe-nara
from 10 to 12

TUESDAY

Supported playgroup
at Koe-nara
from 10 to 12

WEDNESDAY

Stories @ Bunnings
10.30 to 12
Feb 27, March 27

THURSDAY

Supported
Playgroup at
Cessnock East
Public from 9 to 11

FRIDAY

Stress-Less Parenting a group to
talk about the challenges of
parenting and how to look after
yourself with Family Support
Newcastle
Feb 22 to March 22
10 to 12
Children's activities provided
Please call and book your spot

**KOE-NARA is on the corner of Rawson &
Quarrybylong Sts, Aberdare**

Call us on 49909354 Or 0428 263 854
or find us on Facebook

Road safety



Driving safely near school buses

There is a 40km/h speed limit for traffic passing a school bus that is setting down or picking up school children. This speed limit is for all traffic travelling in the same direction as the bus, whether the bus is stationary or moving.

Lights will flash on the front and back of the bus reminding drivers that there may be children crossing or about to cross the road.

Buses can't stop quickly because they are large and heavy vehicles. So, remember:

- Reduce speed to 40km/h when bus lights are flashing
- Give way to buses
- Watch out for children crossing
- Never park in or near a bus stop or bus zone.

Informal school bus stops

Informal bus stops are not sign posted and are usually found in rural areas. They may be at the front of a property, or on the side of the road, which may make children difficult to see.

For more information on keeping our kids safe around schools visit the parents section on safetytown.com.au

BELLBIRD JUNIOR FOOTBALL CLUB

2019 Registrations



ONLINE REGISTRATIONS OPEN 1st Feb 2019

REGISTRATION DAYS

When - Sunday 3rd February and
Sunday 10th February

Where - Bellbird Workers Club

Time - 10:00am to 2pm

5-7 years \$95 • 8-11 years \$110
12-18 years \$125 • Seniors \$230

1 Eligible players obtain Active Kids Rebate

Voucher www.service.nsw.gov.au

2 Complete online registration at

www.playfootball.com.au

3 All players must attend a registration day to
complete registration paperwork, payment of fees and
ordering of merchandise

New players require copy
of birth certificate

PAYMENT CAN BE MADE ONLINE OR AT ANY REGO DAY

Further details are on our
Facebook page

OR PLEASE PHONE

VICKI ON 0407-272-857 OR
GEMMA ON 0407-423-683



Lives lost on NSW roads.
Our goal is zero.



Cessnock Family Support Service AND



Singleton Family Support Service presents

Tuning in to Kids

a free six session program for parents

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?



Tuning in to Kids aims to give you helpful ways of teaching your child the skills of emotional intelligence. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses



Venue:

Cessnock Family Support Service
5 Hall Street, Cessnock

When:

Six Tuesdays from 26th Feb to 2nd April 2019

Time:

10am to 12pm

How to be part of the program

Please contact Cessnock Family Support on 4990 4507 to register

(no childcare will be available for this program)

Funding for this program is provided by Family and Community Services, Community Services NSW