

### Cessnock Public School

## Perfect Page

TERM I WEEK 5

IST MARCH 2019

#### **Important Dates**

- Cross **Country &** Colour **Explosion** Run 4 Fun, 8th Mar
- Colour Rainbow Meal Deal, 8th Mar
- **National Day** of Action **Against Bullying and** Violence, 15th Mar
- Year 7 **Expression of** Interest due, 19th Mar
- **School** Photos, 1st Apr

Dear families,

Congratulations to Nash S who has progressed to the Regional Swimming Carnival and good luck to Ashton S, Zac W, Noah S and Denham C who will attending trials for PSSA rugby league today. Denham will be trialling for a spot in the U/11 Zone Representative team, while Ashton, Zac and Noah will be trialling in the Open age group. Good luck boys!

Week 5 was a great week at Cessnock Public and we are looking forward to Week 6 full of exciting learning opportunities. This will include:

Monday - Sport In Schools sessions, Stage 3 library

Tuesday - Early stage 1 library

Wednesday - Stage 2 library, Stage 2 and 3 Art sessions, Mindfulness

Thursday - Stage 1 library, support class swimming

Friday – competitive cross country, Colour Explosion - Run for Fun afternoon

A reminder that we will not be accepting any more Children's University payments after Monday. If you would like for your child to be involved in this wonderful program, please ensure that you have paid the \$15 for their learning passport before the end of the school day on Monday.

On Friday the 15th March (week 8) our school will be involved in the National Day of Action Against Bullying and Violence (NDA). The NDA gives schools the chance to take action and empower young people to be part of the solution when addressing bullying in their school community. It provides an opportunity to focus on bullying and the big changes we can make to create safer communities for everyone. We would like to invite parents and families to take part in the day and be involved in the various student and parent workshops that will

be running. A note has been sent home today with all the details.

Another reminder that we have our "Colour Explosion – Run for Fun" afternoon coming up on the Friday, 8th March (week 6). It is sure to be a great afternoon for everyone involved and all funds raised during the event goes back to our wonderful school. We also have a great 'Meal Deal' on offer which can be pre-ordered from the canteen. Order forms are available from the office and canteen. In the earlier stages of the day we will be holding our competitive cross country carnival.

We have a number of sports carnivals (cross country and athletics) and PSSA sporting teams coming up. If you have experience/expertise in a sporting field, or are just interested in helping out please contact the school.

We have a number of exciting events and opportunities coming up throughout the Term. This includes:

Cross Country carnival (week 6)

National Day Against Bullying and Violence 15/3 (Friday week 8)

School photos (week 10)

As always we will try to keep everyone up to date with what is happening around our wonderful school through our school website, Facebook Page and Skoolbag App.

Have a great week!

Regards

Steve Morgan

Principal

Website: cessnock-p.schools.nsw.gov.au

Email: cessnock-p.school@det.nsw.edu.au Rawson Street, Aberdare NSW 2325 Phone: 4990 1652 Fax: 4991 1782 PO Box 140 Cessnock NSW 2325

### 1J enjoying literacy groups











# **Sports News**

Yesterday, Miss Milgate took a team of our senior boys to represent our school at the inaugural Mark Hughes Rugby League 7s tournament at Kurri Kurri Sports Ground. They overcame a tough draw against larger schools to finish with 1 win, 1 draw and 3 close losses from their 5 games. They were wonderful representatives of our school. Well done Miss Milgate and boys!











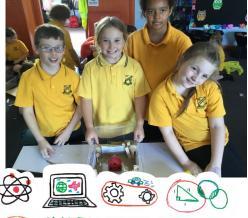
### **STEM NEWS**

This week Stage Two have started learning about Earth and Space Sciences in STEM. They investigated the effects of floods by designing and creating a flood proof barrier for their paper houses.











### House Championship Points Update

Another big week of points scoring, with Gordon keep their lead and defending champions Paterson consolidating second place. Remember to keep an eye on the scoreboards in primary (just inside the primary building) and infants (on the side wall of the infants building, across from the 3-6H classroom).

The current totals are:

Gordon - 11958

Paterson - 10508

Lawson - 9541

Kendall - 8389



PERMISSION NOTES BY
WEDNESDAY, 6TH MARCH



### **Friday 8th March**

Don't forget your sponsorship form

To join the fun..



### Canteen News...

COLOUR RAINBOW MEAL DEAI
FRIDAY 8TH MARCH
\$6.00
ORDERS DUE BY
WEDNESDAY 6TH MARCH
NO LATE ORDERS WILL BE
ACCEPTED





National Day of Action against Bullying and Violence

**Commencing 9.40am in Cooinda** 

Workshops and activities

Wear orange and bring a gold coin

**SRC BBQ \$4.00** 

All proceeds going to 'Dolly's Dream'

## **School Photo**

Save the date

Monday

1st April



#### **School Fees for 2019**

School fees for each child this year are \$40.00. Cash and Eftpos is now available and payments can also be made online via the school website. We thank you for your contribution.

School hats are available for purchase from our office; bucket hats \$11.00 and wide brim hats \$15.00. We accept cash and Eftpos.





#### **Driving safely near school buses**

There is a 40km/h speed limit for traffic passing a school bus that is setting down or picking up school children. This speed limit is for all traffic travelling in the same direction as the bus, whether the bus is stationary or moving.

Lights will flash on the front and back of the bus reminding drivers that there may be children crossing or

Buses can't stop quickly because they are large and heavy vehicles. So, remember:

- · Reduce speed to 40km/h when bus lights are flashing
- · Watch out for children crossing
- · Never park in or near a bus stop or bus zone.

#### Informal school bus stops

Informal bus stops are not sign posted and are usually found in rural areas. They may be at the front of a property, or on the side of the road, which may make children difficult to se



Cessnock Family Support Service AND



### **Tuning in to Kids**

a free six session program for parents

Would you like to learn how to:

- be better at talking with your child?
- · be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?



Tuning in to Kids aims to give you helpful ways of teaching your child the skills of emotional intelligence. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Cessnock Family Support Service Venue: 5 Hall Street, Cessnock

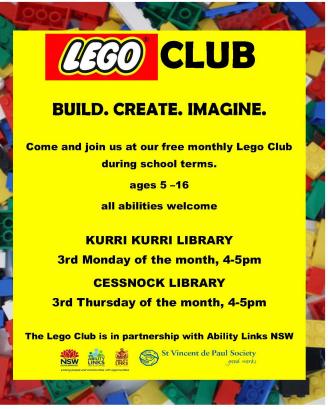
When: Six Tuesdays from 26th Feb to 2nd April 2019

Time: 10am to 12pm

How to be part of the program

Please contact Cessnock Family Support on 4990 4507 to register

(no childcare will be available for this program)



For more information, check out our website or phone

Cessnock Library

65-67 Vincent Street CESSNOCK 2325 Phone: 4993 4399



Kurri Kurri Library 253 Lang Street

KURRI KURRI 2327 Phone: 4937 1638

Website: libraries.cessnock.nsw.gov.au