



Cessnock Public School

Perfect Page

TERM 1 WEEK 6

6TH MARCH 2019

Important Dates

- **Aboriginal Leadership Day, 12th Mar**
- **Zone Football Trials, 13th Mar**
- **National Day of Action Against Bullying and Violence, 15th Mar**
- **Year 7 Expression of Interest due, 19th Mar**
- **School Photos, 1st Apr**
- **Athletics Carnival, 5th Apr**

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Dear families,

Week 6 has been another great week at Cessnock Public.

Congratulations to Nash S who represented Cessnock Public at the Regional Swimming Carnival on Wednesday. We are very proud of your achievement.

It has been great to have Kylie from Head and Heart Mindfulness back in our school this term. Kylie will be working with all of our students K-6 throughout Terms 1 and 2, utilising short Mindfulness lessons in every class each Wednesday. Our students and staff have thoroughly enjoyed these lessons so far this term and we are all looking forward to working with Kylie throughout the remainder of the semester.

Well done to all of our Year 6 students who had the opportunity yesterday to visit the University of Newcastle to listen to Eddie Woo, along with a number of other guest speakers. This was a great opportunity presented through CASE (Cessnock Academy of STEM Excellence) for our students who thoroughly enjoyed the experience.

Activities and events for week 7 are:

Monday - Sport In Schools sessions, Stage 3 library

Tuesday - Early stage 1 library, Aboriginal Leadership Day

Wednesday - Stage 2 library, Stage 2 and 3 Art sessions, Mindfulness, Zone Football Trials

Thursday - Stage 1 library

Friday – National Day of Action Against Bullying and Violence

This coming Friday , 15th March (Week 8) our school will be involved in the National Day Against Bullying and Violence (NDA). The NDA

gives schools the chance to take action and empower young people to be part of the solution when addressing bullying in their school community. It provides an opportunity to focus on bullying and the big changes we can make to create safer communities for everyone. We would like to invite parents and families to take part in the day and be involved in the various student and parent workshops that will be running. Students are encouraged to wear orange and bring a gold coin donation. There will also be a meal deal for lunch, consisting of a sausage burger and water for \$4.00. All monies raised will be donated to 'Dolly's Dream'.

Our school photo day will be Monday, 1st April. Photo envelopes for ordering and payment will be sent home on Monday and are to be returned on photo day. Those families wishing to order a sibling photo can pick up an ordering envelope from our school office.

We have a number of sports carnivals and PSSA sporting teams coming up. If you have experience/expertise in a sporting field, or are just interested in helping out please contact the school.

Throughout this Term we have the following important events:

National Day Against Bullying and Violence (Friday, week 8, 15th Mar)

Athletics Carnival (Friday, week 10 , 5th Apr)

School photos (Monday, week, 10 1st Apr)

As always we will try to keep everyone up to date with what is happening around our wonderful school through our school website, Facebook Page and Skoolbag App.

Have a great week!

Steve Morgan

House Championship Points Update

Another big week of points scoring, with Gordon keeping a narrow lead over defending champions Paterson and Kendall mounting bold challenge to get off the bottom of the ladder. Remember to keep an eye on the scoreboards in primary (just inside the primary building) and infants (on the side wall of the infants building, across from the 3-6H classroom).

The current totals are:

Gordon – 15362

Paterson - 14505

Lawson - 11317

Kendall - 11317

School Photos

Save the date

Monday

1st April



School Fees for 2019

School fees for each child this year are \$40.00. Cash and Eftpos is now available and payments can also be made online via the school website. We thank you for your contribution.

School hats are available for purchase from our office; bucket hats \$11.00 and wide brim hats \$15.00. We accept cash and Eftpos.



BULLYING. NO WAY!

TAKE ACTION EVERY DAY

National Day of Action against Bullying and Violence

Commencing 9.40am in Cooinda

Workshops and activities

Wear orange and bring a gold coin

SRC BBQ \$4.00

All proceeds going to 'Dolly's Dream'



Road safety



Wearing helmets and riding safely

Wearing helmets

Your child must wear a helmet when riding a bike in any public place – it's the law. The helmet must comply with the Australian and New Zealand standards and needs to be securely fitted and fastened on your child's head. It should be buckled firmly so it fits without wobbling or slipping to the sides.

Always remember to check that your child is wearing a helmet whenever they're playing or riding on wheels –

- Bikes
- Foot scooters
- Roller skates
- Skateboards
- Rollerblades

Riding safely

Although children quickly learn to pedal, steer and brake, they aren't ready to cycle near traffic or on the road. Until they are at least 10 years old, your child should ride off-road away from vehicles and driveways.

The safest places to ride bikes, scooters and skateboards are within fenced areas. This helps your child from riding or falling onto the footpath or the road. Children under 16 and their

accompanying supervising adult riders may ride on the footpath, unless there are signs specifically prohibiting cycling. Riders need to take special care at driveways where vehicles may be driving in or out.

At intersections, riders must dismount and wheel the bicycle across the road as a pedestrian, following the STOP! LOOK! LISTEN! THINK! procedure.

For more information on keeping our kids safe around schools visit the parents section on safetytown.com.au

Messages to share with your children in Kindergarten to Year 4

- Always wear a helmet when you ride or skate
- Ride your bike away from the roads

Messages to share with your children in Years 5 and 6

- Always wear a helmet when you ride or skate
- Ride your bike away from busy roads



Lives lost on NSW roads.
Our goal is zero.

